

Supplies

- + 1 day of food, water and cash
- Comfort/entertainment items

Tasks

- Give the gift of preparedness

Giving the gift of preparedness

Jewelry, clothes and electronics are nice, but if you really want to show someone you care, consider giving them the gift of safety and peace of mind. The holiday season is the perfect opportunity to help your friends or family prepare for an emergency or disaster.

Here are a few gift ideas for the special people in your life:

Stocking Stuffers

- Flashlight
- Backup phone battery
- Free-dried food
- Candles
- Emergency poncho
- Heat reflective blanket
- Hand/foot warmers

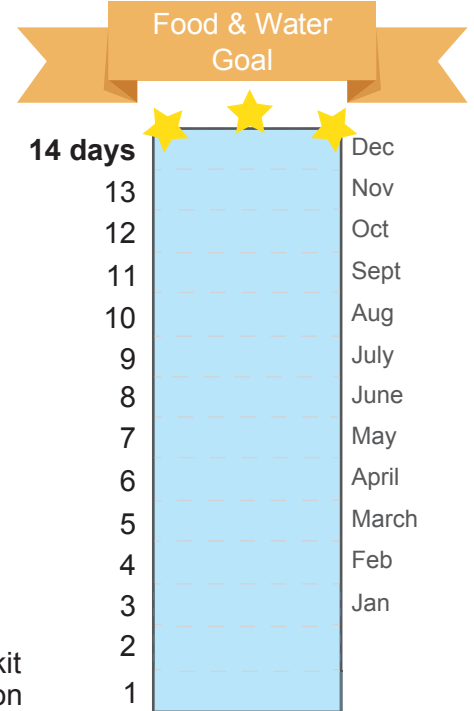
Gifts under \$100

- First Aid kit
- Emergency Radio
- Multi-tool
- Personal water filter
- Emergency water container
- Camp stove
- Walkie Talkies
- Portable solar power station

Gifts over \$100

- Pre-made 72-hour kit
- Family water filtration system
- 30-day emergency food supply
- Generator

These are just a few ideas, and it's possible to get really creative with homemade gifts, gifts for kids, pet-owners and more. The holidays are a great time to introduce preparedness into the lives of your friends and family, and perhaps cross some items off your own wish-list as well!



The importance of comfort and entertainment items

In an emergency, it's important for everyone to stay as calm as possible and having a few comfort items and activities can help sooth frayed nerves and lift morale. Cards and activity books are great options that don't take up a lot of space. You may also want to add some "luxury" items to your kit, such as coffee, candy or a portable/camp shower. If you have small children, think about including some toys or stuffed animals that can add a sense of security.



You did it!

After this month you'll have the minimum 14 days worth of food, water and cash! If you can, keep building on your supplies over time.